

Trek to the Mysterious Skeletal Lake - Roopkund

Roopkund is situated in the Chamoli district of Garhwal at a height of 5029 m and is set beneath the towering summit on the lap of Trishul massif (7120 m). Here you can find over 300 mysterious human skeletons and remains of horses which are more than 500 years old; hence this area is usually referred to as a the “mystery lake”. The lake is surrounded by rock- strewn glaciers and snow clad white peaks. The trek to Roopkund passes through lush green grassy lands and coniferous forests clinging onto the slopes of hills. The trek thereafter winds its way along the Pindar River. Various theories have been proposed about the calamity which must have deposited them here. One of it goes as a group of pilgrim en route to Hemkund to worship Nanda Devi, lost their footing and tumbled to the icy depths of the lake. This reminder of these long-dead pilgrims presents a rather macabre spectacle, the grim and gruesome atmosphere enhanced by the desolate nature of the landscape. The highest point is 4620 m. One should come to witness the mystery unfolding before your eyes.



Reflection photo of Trishul peak.

Itinerary

Day 1: -Reach New Delhi and proceed to Old Delhi railway station. Overnight train journey to Haridwar.

Day 2:- Arrive at Haridwar, check into the hotel. After freshening up drive to Harki Paudi where one can take a holy dip in the Ganges. Post lunch drive to Gwaldham.

200 kms- 10 hours

Here at Gwaldham one can get the first view of the snow clad Nanda Gunti and Trishul peaks.

Day 3: - Drive to Lohajung, 40 kms and proceed towards Wan in a shuttle Taxi. Wan is the last motorable village on the trek route to Roopkund.

Wan is the first camping point on the trek to Roopkund.

Camp 1 in tents.

Day 04:- Begin the uphill trek and reach the 'Bugyals' (high altitude meadows) of Bedini (3354m) - a beautiful location with magnificent view of the surrounding mountains. There is a small lake situated in the midst of the meadow, where Tarpan are offered by the devotees. Situated nearby is a small temple where the devotees pay there obeisance, during their halt at Bedni Bugyal.

Bedni Bugyal is the largest meadow of its kind in Uttarakhand. Excellent reflection photos can be got of Trishul peak from Bedni.



10 kms- 6 hours

Camp 2 in Tents.

Day 5:- Trek from Bedni Bugyal to Bhagubasa

Trek from Bedni to Bhaguabasa is a complete uphill climb.

One has to walk slowly and get acclimatized to the rarefied atmosphere.

Enroute to Bagubasa a small temple of Kalluvinayak is present. Kaluvinayak gets its name from the black Ganesh idol enclosed in a stone shrine just as you finish the climb from Ghora Lotani. Everyone offers a prayer here for a safe pilgrimage to Roopkund.

The trail from Kalu Vinayak to Bhagwabasa is easy and gently sloping downwards.

From Bhagubasa one can view Chaukamba, Neelkanth and Nanda Gunti from close quarters.

Camp 3 in Tents.

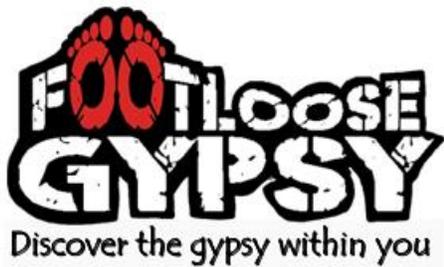
Day 6: - Post breakfast leave early for Roopkund (15,500 feet).

Trek to the mysterious 'Pond of Beauty' - Roop Kund (5029m) lies close to the base of the Trishul (7120m) and Nanda Ghungti (6310m) Peaks. Roopkund the mystery lake is 5 kms from Bhagubasa, at Roopkund a large number of Human skeletons are found and anthropologists are still working on its significance. The lake however is nestled amidst panoramic mountain scenery. After spending a while at Roopkund descend town to Bhagubasa for night halt.

Camp 4 in Tents.



Trek route to Roopkund



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Day 7:- Bhagubasa to Ali Bugyal

From Bhagubasa descend down to Ali Bugyal, which is another alpine meadow that is just as charming as Bedni Bugyal.

5 kms- 4 hours

Camp 5 in Tents.

Day 8: - Alibugyal to Didana

The descent for Alibugyal to Didana is easy as we pitch up close to a river.

8 kms- 6 hours

Camp 6 in Tents.

Day 9: - Didana to Lohajung

Trek to Didana to Lohajung takes around 4 hours. At Lohajung one can treat themselves to Chowmein and other delicacies.

10 kms- 5 hours

Drive to Gwaldham. Halt at a hotel.

Day 10: - Gwaldham to Marine Drive. White water rafting in Alakanada river for 9 kms (Marine drive to Shivpuri). Get off the raft at Shivpuri and continue journey to Haridwar.

Overnight journey to Old Delhi by Mussourie Express.

Day 11: - Reach New Delhi. Check in to the Hotel.

End of package.

Note- 1) Journey by SUV Toyota Innova/Scorpio

- 2) Individuals to carry their own Rucksacks
- 3) Stay in tents on triple sharing basis.
- 4) Permits, equipment, transport and food all inclusive.
- 5) Train Journey by Sleeper II Tier